



DAS Delivers: *HRExpress*

Department of Administrative Services ~ Empowering People · Collaboration · Customer Service

January 2021

Happy New Year! You may notice we're starting 2021 with a new logo and fresh look for *HRExpress*. Going forward, all DAS newsletters will be branded with a similar design to reflect our department's core focus:
Empowering people through collaboration and customer service.

In this issue of *HRExpress* . . .

Iowa WorkSmart Project

- [The Iowa WorkSmart Project Advances in 2021](#) - In January the WorkSmart Project Team released new resources, reached a major milestone in the Workday implementation, and more. Get the scoop on the latest WorkSmart activities!

State of Iowa Benefits

- [NEW Prescription Drug Tier for Iowa Choice and National Choice](#) - Wellmark's Iowa Choice and National Choice prescription coverage has an additional prescription drug tier for 2021.
- [NEW Changes in Flexible Spending Account \(FSA\) Elections](#) - Several changes were made to the State of Iowa FSA plans for 2021 as a result of the COVID-19 pandemic.
- [Take Advantage of On-Demand Benefit Resources](#) - The Division of Human Resources has added new tools for employees seeking to learn more about State of Iowa benefits.

Health and Wellness

- [NEW Healthy Employee Newsletter Debuts](#) - A new quarterly newsletter arrived in your mailbox recently. Healthy State of Iowa Employees is designed to keep employees connected and informed of wellness opportunities around the state.
- [Voluntary Vision Insurance: Open Enrollment Now Underway](#) - Elect vision insurance through the State of Iowa Voluntary Insurance Program. Open enrollment ends February 28, 2021, with elections effective April 1, 2021.
- [Ergonomics for Your Eyes: Ten Great Computer Monitor Hints](#) - Lessen eye strain, dry itchy eyes, bad posture, and more with these monitor-related hints.
- [Free Health and Wellness Seminars Offered Online](#) - Life can be challenging. To help you through the tough times, on-demand online seminars covering various health and well-being topics are available from KEPRO, the State's Employee Assistance Program (EAP). Valuable new topics are added monthly, so check back often.
- [NEW COVID-19 Resource Webpage](#) - Looking for the latest COVID-19 information? Check out DAS Human Resources' new webpage featuring a collection of COVID-19 resources, putting the information you seek in a dedicated location.

Retirement Savings

- [Retirement Investors' Club \(RIC\) Webcasts](#) - Make the best use of your retirement savings benefit by taking advantage of online education opportunities offered by RIC.
- [NEW On-Demand Retirement Resources](#) - Check out these new State of Iowa retiree video resources specifically for current retirees and those considering retirement.
- [News from State Retirement Investors' Club \(RIC\) Providers](#) - To assist with retirement income planning and investment strategies, check out the latest news from State RIC providers.

Education Opportunities

- [NEW Vendors at PDS](#) - Meet three new Performance & Development Solutions (PDS) vendors and the training they provide.
- [NEW Certificate Series - Classes Starting Soon!](#) Take advantage of four professional certificates designed to help employees build leadership skills and flourish in the workplace.
- [Performance & Development Solutions \(PDS\) Training](#) - Enhance your knowledge and skills in the workplace and beyond through educational programs offered by Performance & Development Solutions (PDS). View the current online and on-demand classes and registration instructions to learn more.

HRExpress is a publication for State of Iowa employees. Please print a copy to post or share with co-workers who may not have access to a computer. For prior editions, visit the *HRExpress* webpage.

If you have questions or suggestions for future content, please contact us at hrexpress@iowa.gov. Thank you!